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JALAPENO ICED CINNAMON ROLLS



A TRAUMA RECOVERY
WORKBOOK FOR TEENS

MAHLON DAVID KELLIN



Synopsis

This workbook is designed for teenagers who have experienced trauma. It presents some ways to cope with the trauma reactions. David Kellin is a Trauma Counselor working with children and teens in Kershaw, SC. He has taken the techniques and the metaphors he uses everyday, and created this workbook. He presents the teen with examples that they can grasp easily. The tasks are presented in small steps. This workbook is used by David as part of his counseling practice to help the clients learn at home and in their own pace.

Book Information

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Customer Reviews

David is an awesome guy with tons of experience with traumatized children. His work is trustworthy. It's a great workbook and worth getting for personal/professional library.

This is an excellent book! Good for teens but useful for all ages. I highly recommend this book and Mr. Kellin's other books!

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